NUTRITION ● EXERCISE ● WATER ● SUNSHINE ● TEMPERANCE ● AIR ● REST ● TRUST IN GOD

PAREYOU?

- **Diabetes**
- **Prediabetes**
- **☑** High blood pressure
- High cholesterol
- **Excess weight**
- **Gout**
- **Kidney** failure

Would you like to learn how to become healthier with the possibility to reduce your medications through lifestyle changes?

The NEWSTART program can help. Come join us and discover a **NEW** you!

We strongly recommend enrollment in Detox and Advanced Detox program while you're in this program.



100% covered \$94.00 copay.

Full reimbursement from insurance upon completion of program

Register by Nov 27, 2024 December 9 to 19, 2024



1st cash prize:\$200 2nd cash prize: \$100

3rd cash prize: \$50